

# RSCH FPX 7864 Assessment 1: A Complete Guide for Nursing Students

## Introduction

The journey of advanced nursing education often demands more than just clinical practice; it requires a strong foundation in research and evidence-based practice [RSCH FPX 7864 Assessment 1](#). One of the crucial stepping stones in this process is **RSCH FPX 7864 Assessment 1**, a core assignment that emphasizes critical thinking, literature evaluation, and integration of evidence into nursing practice. This assessment is not just about writing a paper—it is about learning how to approach research systematically and apply findings in real-world healthcare settings.

In this blog, we will explore the purpose, structure, challenges, and strategies for successfully completing RSCH FPX 7864 Assessment 1. Whether you are just starting this assessment or preparing for advanced projects later in the course, this guide will help you navigate through it with confidence.

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## What is RSCH FPX 7864 Assessment 1?

RSCH FPX 7864 is a research-focused course within the nursing curriculum, designed to sharpen students' skills in understanding and applying scholarly research. Assessment 1, in particular, is often the introduction to structured research writing and involves:

- Identifying a **clinical or healthcare problem**.
- Reviewing scholarly literature relevant to that problem.
- Demonstrating an understanding of **evidence-based practice**.
- Developing skills in **academic writing and APA formatting**.

Unlike later assessments that may involve deeper statistical analysis or project proposals, Assessment 1 sets the foundation. It ensures that students can critically read, interpret, and communicate research findings effectively.

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## Purpose of RSCH FPX 7864 Assessment 1

The purpose of this assessment goes beyond earning a grade—it equips students with essential skills that every nurse leader or advanced practitioner needs:

1. **Critical Appraisal of Research**  
Nurses often encounter new studies, interventions, or guidelines. Being able to judge the reliability, validity, and applicability of such research is vital.
2. **Development of Evidence-Based Thinking**  
Healthcare decisions must be grounded in evidence rather than tradition or personal preference. This assignment teaches students to integrate best practices.
3. **Academic Communication Skills**  
Writing with clarity, proper structure, and APA compliance is part of professional growth.
4. **Problem-Solving Mindset**  
By focusing on a clinical issue, students learn how research directly impacts patient care and organizational outcomes.

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# Structure of RSCH FPX 7864 Assessment 1

While the exact instructions may vary, the general structure usually includes the following:

## 1. Introduction to the Problem

- Identify a relevant healthcare or nursing issue.
- Provide background and context.
- Explain why this issue requires further research or exploration [RSCH FPX 7864 Assessment 3](#).

## 2. Literature Review

- Search scholarly databases (CINAHL, PubMed, ProQuest, etc.).
- Select peer-reviewed journal articles published within the last 5 years.
- Summarize findings and identify key trends, similarities, or gaps.

## 3. Critical Analysis

- Evaluate the strength of the studies.
- Discuss methodologies, sample sizes, limitations, and implications.
- Highlight gaps in research that future studies should address.

## 4. Relevance to Nursing Practice

- Connect the evidence to real-world nursing scenarios.
- Explain how the findings could improve patient care, safety, or outcomes.

## 5. Conclusion

- Summarize insights gained.
- Reiterate the importance of evidence-based practice.
- Suggest directions for further research or application in practice.

## 6. References

- Compile all sources in proper APA format.

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# Step-by-Step Guide to Completing the Assessment

## Step 1: Choose a Relevant Topic

Pick a clinical issue that truly interests you. Examples include:

- Reducing hospital readmissions.
- Addressing nurse burnout.

- Managing chronic conditions like diabetes or hypertension.
- Improving patient safety through technology.

A topic you are passionate about will make research and writing more engaging [RSCH FPX 7864 Assessment 4](#).

## Step 2: Conduct a Literature Search

- Use academic databases such as **PubMed, CINAHL, and Google Scholar**.
- Apply filters (last 5 years, peer-reviewed, English language).
- Collect at least 5–8 strong sources.

## Step 3: Evaluate Sources Critically

Ask yourself:

- Is the study relevant to my topic?
- Was the methodology strong?
- What were the results and limitations?

## Step 4: Organize and Outline

Before writing, create an outline that includes:

- Introduction (problem and purpose)
- Key themes from literature
- Critical evaluation
- Implications for nursing practice
- Conclusion

## Step 5: Write Clearly and Concisely

- Avoid jargon—write in a professional, clear manner [NURS FPX 8020 Assessment 2](#).
- Use transition sentences to maintain flow.
- Stick to APA style (7th edition) for citations.

## Step 6: Proofread and Edit

- Check grammar, spelling, and clarity.
- Ensure citations are accurate.
- Confirm word count (often 1200–1500 words for such assignments).

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## Common Challenges Students Face

1. **Narrowing Down a Topic**  
Many students pick topics that are either too broad or too narrow. The trick is to select an issue that has enough research but is still manageable within the assignment scope.
2. **Finding Quality Sources**  
Relying on blogs, outdated sources, or non-peer-reviewed articles weakens the paper. Always prioritize reputable journals.

3. **APA Formatting Errors**

Incorrect citations are one of the most common reasons students lose points. Tools like Zotero, EndNote, or citation generators can help, but manual checking is essential.

4. **Time Management**

Students sometimes underestimate the time it takes to search, read, analyze, and write. Starting early is key.

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## Best Practices for Success

- **Start Early:** Give yourself at least a week to complete the assessment.
  - **Use a Research Journal:** Keep notes on each article you read to avoid confusion later.
  - **Focus on Critical Thinking:** Don't just summarize—analyze. Show how each study contributes to solving the problem [NURS FPX 8020 Assessment 3](#).
  - **Seek Feedback:** If possible, share your draft with a peer or mentor for constructive feedback.
  - **Practice APA:** Familiarize yourself with citation rules before starting.
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## Example Topics for RSCH FPX 7864 Assessment 1

To spark ideas, here are some potential areas of focus:

- The effectiveness of telehealth in managing chronic conditions.
  - The role of nurse-led education programs in improving medication adherence.
  - Evidence-based interventions for reducing workplace stress among nurses.
  - Impact of safe staffing ratios on patient safety.
  - Strategies for preventing hospital-acquired infections.
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## The Role of Evidence-Based Practice in Nursing

One of the main themes of RSCH FPX 7864 Assessment 1 is **evidence-based practice (EBP)**. This approach integrates:

- **Best available evidence** (from research).
- **Clinical expertise** (from practitioners).
- **Patient values and preferences.**

Assessment 1 encourages students to see research not as an academic exercise but as a tool that drives better patient outcomes. By critically reviewing evidence, nurses become better equipped to advocate for safe, efficient, and patient-centered care.

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## Conclusion

**RSCH FPX 7864 Assessment 1** is more than just a writing assignment—it is a foundation for a nurse's journey into evidence-based practice. By mastering the skills of literature review, critical analysis, and academic writing, nursing students prepare themselves for leadership roles in clinical settings.

The key to success lies in choosing a meaningful topic, finding credible sources, analyzing evidence thoughtfully, and presenting findings in a well-structured, APA-compliant paper. Challenges such as topic selection, time management, and formatting can be overcome with careful planning and practice.

Ultimately, this assessment empowers nursing students to become not only consumers of research but also advocates for applying research findings to improve healthcare outcomes. It sets the stage for advanced assignments and, more importantly, for lifelong evidence-based practice.